

deltastudio.com



Wellness Center
Stefano Di Meglio



Ischia
DimiHotels
MEMBER

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beauty
wellness & prestige

price list

Ischia
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therapeutic massage

Medical check-up	€ 60,00	Bathrobe hire	€ 25,00
Medical consult	€ 20,00	Pool Hydro massage	€ 1,00
ECG	€ 35,00	bathing cap	€ 2,00

SPORTS MASSAGE: PRE-EVENT € 40,00

SPORTS MASSAGE: POST-EVENT € 50,00

SPORTS MASSAGE: PREPARATORY € 50,00

Massages dedicated to a sports muscle-articulation structure. It's performed depending on the type of sport practiced.

Pre-event before the sports event it's fast and warming.

Post-event after a competition or a muscle work to facilitate the absorption of the lactic acid.

Preparatory for who's starting a training programme or has been inactive for a long time.

MASSOTHERAPY € 50,00

Literally "Therapeutic Massage", helpful for rehabilitation and locomotor systems uneasiness.

It's focused on the injured areas, without ignoring the healthy muscles and articulations.

PARTIAL BACK MASSAGE € 40,00

A massage defined to a part of the back, helpful for spinal postural fatigue

and as a means of diagnosis to establish other possible specific therapies.

TAO - ABDOMEN € 50,00

Oriental therapy that combines diagnosis and work on the abdomen: helpful to balance the connection between internal and external

organs, and to unblock the colon. It's divided in a handwork part and phytotherapy part by drinking a specific herb tea.

CIRCULATORY MASSAGE € 45,00

A bodywork which through deep pressure to muscle has the purpose of improving the blood flow;

helpful even as post-thermal treatment to avoid low blood pressure.

CONNECTIVE MASSAGE € 45,00

Specific therapeutic massage that aims to release adhesions in the connective tissue of specific parts of the body. Helpful as a therapeutic

treatment but also as a prevention of many physical and somatic pathologies.

KINESITHERAPY € 50,00

Movement therapy, helpful for articulation rehabilitation, suitable for all ages and people with any kind of articulation problems.

HYDROKINESITERAPY € 60,00

Hydro = water; so kinesitherapy in water. Using water as a means of rehabilitation for the articulation movements,

making the most of buoyancy and natural water resistance. It gives quicker and higher benefits than the kinesitherapy.

FOOT REFLEXOLOGY € 50,00

A therapy that uses the sole of the foot as a means of diagnosis and cure of the body. After a first eye exam,

there will be a work on the different reflex points following the new neurological principles and the old precept of ancient China.

EAR REFLEXOLOGY € 50,00

A therapy that uses the ear lobe as a means of diagnosis and cure of the body. After a first eye and tactile exam,

there will be a work on the ear using glass sticks and eventually the application of microspheres in specific points,

which will complete the therapy in the next hours or days.

HOT STONE THERAPY € 70,00

Wrapping and scenic massage performed using hot lava stones. Known for centuries by the ancient Maya who used to utilize the stones

heat to relax muscles and mind, as they thought volcanic divinities laid in them.

THAI SHIATSU € 80,00

Thailand therapeutic massage. It's performed on a "futon" on the floor.

Acupressure and stretching manoeuvres combined together donating to the body a psychophysical harmony and wellness.

therapeutic massage

AYURVEDIC MASSAGE € 70,00

A holistic therapy (body and mind) born in India many centuries ago, but still current in the performance and pleasure. It donates the body

and mind with a bioenergetic balance. The massage oils allow the practitioners hands to glide along the body, they atomize therapeutic and

relaxing essences giving the sensation that time has stopped in a wellness ecstasy.

This is where the Orient rises to the apex of splendour in an energetic therapy.

4 HAND AYURVEDIC MASSAGE € 120,00

DHARA AYURVEDIC MASSAGE € 120,00

Complete the wellness and pleasure of the ayurvedic treatment depurating your body, thanks to Pindasveda (spicy tampons), and mind the

"Siro Dhara" (oil cast on the forehead) removing psychological and physical toxins from the body.

AROMATIC MASSAGE € 60,00

It's a therapy that utilizes essential oils as a means of natural cure: choosing through a test the most suitable oil for the disturb. The body is

rubbed down and relaxed through slow manipulations which allow the skin to absorb the oil and atomize the principals of the essence.

OASI MASSAGE € 50,00

It's a specific therapy for the spinal column, especially for the cervical and cranium, that utilizes the Oriental ancient knowledge with the modern

Western articulation therapy. Helpful for neck and shoulder pains and for migraines.

O.M.E.S. MASSAGE € 95,00

Holistic, Aesthetic and Spiritual massage: born for the needs of our always more busy clients, who lacking of time,

can combine with just one treatment a relaxing, aesthetic and massotherapeutic treatment.

Unique in it's kind, it combines ancient and modern cultures, knowledge and doctrines.

Here's where the Oriental culture is combined with the Western.

GUIDE RELAXATION IN WATER € 50,00

The elder Latin used to say "Salus per aquam" well being runs through water. The 80% of our body is made of water, it's this liquid that

gives us wellness and vitality, getting rid of the everyday stress and letting us relive our uterine emotions. Suggested as new era harmonizer.

BIOENERGETIC POSTURAL € 70,00

As a book to read, our human body with physical, mental and emotional uneasiness, asks help though incorrect anatomical postures. New

studies and the bioenergetic treatment educate the body to auto programme itself and to eliminate the unconscious uneasiness, responsible

of the disharmonious posture.

CUPPING THERAPY € 20,00

It's a therapy that utilizes the emptiness of some "cups" placed in specific body parts, muscular or cutaneous,

which in acupuncture, empty out the "full energy" often sign of energetic stasis; they re-balance the body order.

MOXIBUSTION € 20,00

Oriental therapy which utilizes the heat of the Artemisia Vulgaris to stimulate and energetically charge the acupuncture points.

Helpful as a substitute of the acupuncture needles, it's therapeutic for chronic inflammations of the locomotor system.

THERAPEUTIC TENS € 20,00

Use of electricity with different intensity to cure, rehabilitate or simply as an "analgesic" for inflammations of the locomotor system.

It's used alone as a therapy or combined with other therapeutic treatments.

THERAPEUTIC IONTOPHORESIS € 25,00

Electricity is used to seep the medicine, in the form of ions, into the skin addressing it directly onto the inflammation or the body malaise.

beauty & wellness

FACIAL CLEANSING € 60,00

FACIAL MASSAGE € 25,00

PERSONALISED FACIAL MASK € 35,00

NATURAL AYURVEDIC MASK € 35,00

CLASSIC MANICURE € 20,00

MANICURE AND PARAFFIN TREATMENT € 30,00

AESTHETIC PEDICURE € 30,00

CURATIVE PEDICURE € 45,00

FACIAL ANTI-AGE TREATMENT € 60,00

FACIAL SENSITIVE SKIN TREATMENT € 60,00

FACIAL CLEANSING TREATMENT € 60,00

FACIAL REVITALISING TREATMENT € 60,00

FACIAL STRONG FILLER TREATMENT € 95,00

FACIAL PNEUMATIC MASSAGE € 30,00

TOTAL WAX DEPILATION € 50,00

ARM WAX DEPILATION € 20,00

PARTIAL WAX DEPILATION € 25,00

GROIN WAX DEPILATION € 15,00

ARMPIT WAX DEPILATION € 10,00

FACE WAX DEPILATION € 5,00

EYEBROWS DEPILATION € 10,00

BODY PEELING € 45,00

ANTI-CELLULITE MUD TREATMENT € 40,00

HEAVY LEGS TREATMENT € 70,00

ICE THERAPY € 30,00

BREAST TREATMENT € 70,00

FACIAL LYMPHATIC DRAINAGE € 35,00

PARTIAL LYMPHATIC DRAINAGE € 40,00

TOTAL LYMPHATIC DRAINAGE € 55,00

Therapeutic massage very much used in aesthetic now

days, to drain the body from lymphatic stasis and to

improve the vein and lymphatic micro circulation; working

against skin blemishes eliminating body toxins with the

urine.

ANTISTRESS MASSAGE € 55,00

Making the most of a gentile massage to relax muscles,

skin and mind, giving brightness and harmony to the

body now days so stressed by the everyday routine.

CHOCOLATE MESSAGES € 50,00

Making the most of anti-depressive properties of

chocolate to relax and restructure the skin. Helpful as

an after sun it donates charm and good mood to who

undergoes to the treatment.

HONEY OR MILK MASSAGE € 50,00

Making the most of the products principles to nourish

the skin, making it more shining and elastic, helping to

avoid skin blemishes.

AESTHETIC TENS € 40,00

Using electricity it helps to eliminate toxins and tone up

muscles in those zones with higher risks of skin blemishes.

TOTAL BODY SOLARIUM € 19,00

HOTEL TERME ★ ★ ★ ★ ARAGONA PALACE

price list

Make up your package
with minimum 3
of the treatments you prefer

name _____ room number _____

surname _____ date _____ / _____ / _____

1 _____ € _____

2 _____ € _____

3 _____ € _____

4 _____ € _____

5 _____ € _____

6 _____ € _____

7 _____ € _____

8 _____ € _____

9 _____ € _____

10 _____ € _____

Total price _____

Your discount _____

Final price _____